



## **Trails & Tribulations...**

Hi there enthusiasts,

Less than 2 weeks for annual pilgrimage to the coast and Vaalie bashing! Well, having had my abode here now for 9+ years, and heading for Knysna, I suppose I have to live with it. That advertorial Mitsubishi Pajero of mine will not look good without the GP plates, and I have to be proud of it. It has become quiet a well known vehicle over the last two years, especially as 'Mama Afrika' is featured in a lot of Bridgestone printed adverts these days.

With the Bridgestone Challenge finally over at the end of October (see press release on winners herein, or buy your own copy of the latest SA 4x4 Magazine), I was one of a few people once again awarded the prestigious Bridgestone Ambassador Awards. I am glad that this year it extended itself a bit and fellow club member, Kevin Bolton was also a recipient. Also happy that a long time friend and Chairman of the Isuzu Offroad Club, Johan Terblanche also got an award this year, amongst some newbies. We are privileged to be associated with such a great brand in a very much two way relationship, and such recognition is always welcome.



Well Christmas is coming, and I have asked my missus to knit up a huge stocking, as I have some great expectations for presents this year...mmm, methinks a Pajero Sports, A Toyota Fortuner, a Ford Everest...aaaghhh, we can all dream hey!

Hey, also look out for Kingsley Holgate's latest book. It is a stunner – spoilt my own stocking by purchasing it at an airport last week whilst travelling.

This month we drove a very relaxed 4x4 educational trail in Krugersdorp, under the leadership of Jannie Reykaart from Passport2Adventure. The Tau 4x4 trail is definitely a must do, just from a



very pleasant 4x4 day trip point of view, and if you have nothing to do this coming holiday, look them up and go and drive the experience.

We had a very successful GPS & Software Training course for members and the public again, as well as the always popular November Enthusiast Meeting which again nearly topped 200 people. But with almost R40 000 worth of prizes, a stunning venue at Kempton Caravans in Hermelia as well as the food & drinks provided, makes this our best event in an annual cycle. Thanks to all of those readers who attend and support these meetings.

We were to drive the Afriski 4x4 Trail in Lesotho and the Bergwoning 'Die Wolke' 4x4 trail in the Free State, but both were called off due to the inclement weather, snow and regard for the environment. Luckily that weather has now passed, and we will be revisiting those venues in 2010.

We have one more trail for 2009, that being the Heidelberg 4x4 Trail in the south, this coming weekend. Then we close off the year, take a well deserved rest and re-appear like magic in January, full of beans to make 2010 a better year than 2009. It is gonna be a bumper year, not because of the 2010 World Cup, but rather because I already have 5 long haul trips fully booked for the upcoming year, and am sure the Botswana trip we are planning to get away from the soccer hooligans, will also be fully booked. And some clubs and institutions complain about slow business or participation. Must be doing something wrong fella's, as we cannot keep up the demand!

There is some interesting news in this newsletter again, but you enthusiasts must note the new road traffic regulations in Mozambique w.r.t emergency triangles and reflective jackets are VERY IMPORTANT! Don't not read it and let your trip be spoilt.

Finally, let me wish you and yours a very Blessed Christmas and a Prosperous New Year, and to those who don't celebrate this, a fantastic holiday season. Be safe, drive safe and obey all laws, be the on road or off road. Keep the SA 4x4 name high, and don't be the cause for issues across the borders.

I look forward to seeing you all in 2010



***Yours in 4x4ing.***

***Alan Goodway (GP 1796)***  
*Editor (voluntary!)*



### **Calendar of Interesting Events**

Herewith find events, as collected in the market place. By no means are any of these events necessarily linked to / supported by / associated with 4x4 Offroad Adventure Club, and they are being placed here as public service only. Errors and omissions reserved.

Date	Event	Venue
See this space in 2010		

### **Calendar of Training Events**

Herewith find training opportunities with the 4x4 Offroad Adventure Club, and its professional associates, offered to the public. Courses only run if sufficient numbers subscribe. Errors and omissions reserved.

Date	Event	Venue
See this space in 2010		



### **WWW.ECO4X4AFRICA.COM – Your Serengeti Specialists!**

#### **2009 Program**

Herewith details regarding the planned tours for Africa proudly *presented by us this year.*

#### **Namibia Tour**

*Windhoek / Etosha / Swakopmund / Soussosvlei or Kaokoland*

Tour #21: 13 December 2009 - 3 January 2010 – North to South

Bus, Catered & Lodging R9900pp or Bus, Catered & Camping R6500pp or 4x4/2, Catered & Camping R4900pp

#### **Conditions:**

- Min 4 / Max 10 vehicles will be allowed on each of these tours
- Towing will be allowed on all these tours at own risk
- All prices include VAT
- Camping means "self camping" and to be totally self sufficient
- Detail itinerary & GPS Points available after registration / deposit
- Children prices are:  
High School - 75% / Primary - 50% / Pre-Primary - 25%
- Additional services available - 4x4's & camp equipment rentals

- Brunch and Dinner are included where listed as Catered
- All excursions, dates and price are subject to change without prior notice

**PAID UP MEMBERS OF 4x4 Offroad Adventure Club get 10% reduction on all tour prices quoted excluding Tours #10 & #13 – Serengeti - Nett price applicable**

Alex & Alta - 0825706010 or [alex@eco4x4africa.com](mailto:alex@eco4x4africa.com)  
**(See our website [www.eco4x4africa.com](http://www.eco4x4africa.com))**

**(January 2009)**

***Hit the Trail – NEWS, FEATURES and the REST...***

**ROADS TO ROAM - TRAVEL AND ADVENTURE SAFARI'S**

"All Roads lead to Rome"... until one reaches Africa. **Roads to Roam** takes the apprehension out of travelling in Southern Africa. We act as an intermediary between the client and the service provider and act in the client's best interest at all times. Our portfolio includes:

- Guided self-drive safari's with reputable operators
- Tailor-made tours are designed to your specifications and take into account distances to travel as well as time to visit points of interest and participate in activities en route. Both guided and unguided tours are catered for
- Luxury fly-in safari's
- Off-road biking tours
- Scuba-diving tours
- Ladies only tours by request
- Weekend breakaways
- Nature and adventure training (mammals, birds, ecology, photography, first aid, etc)
- Destinations include South Africa, Botswana, Mozambique, Namibia, Angola, Lesotho, Swaziland and many more.
- We offer options for sedan vehicles as well as 4x4 transport options if required.

Upcoming Tours and Events:

16 – 20 December 2009:	Scuba Mozambique
26 Dec – 8 Jan 2010:	Transkei Wild Coast
28 Dec – 2 Jan 2010:	Camp Mafefe Northern Drakensburg (off-road biking)
19 – 21 February 2010:	Birding Weekend
19-22 March 2010:	Pilanesberg Wilderness Hike
2 – 11 April 2010:	Central Kalahari Game Reserve / Swaziland (To be Confirmed)
23 – 26 April 2010:	Northern Tuli Block –game reserve on an island in Limpopo River
16 – 20 June 2010:	Khutse (To be Confirmed)
5-9 August:	Lesotho
June/July 2010:	Namibia / Botswana

For further information contact Lizette Swart on +27 83 22 631 22 or [info@roadstoroom.co.za](mailto:info@roadstoroom.co.za). Text your name and email address to be added to our mailing list.

**Roads to Roam... Africa waits...**

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### **NATIONAL 4X4 FUNDI CHALLENGE WINNERS**

The Bridgestone South Africa 4x4 Fundi Challenge, introduced in 2006 as a club competition for standard production 4x4 vehicles, has proved so popular after going national in 2009 that it will once again be staged as a national event in 2010.

This year's adventure consisted of six legs in four provinces and in Swaziland and a final spread over two days in Gauteng.

The final combined, for the first time in a competition of this kind, a GPS test with night 4x4 driving and started from Bridgestone South Africa's headquarters in Isando at 20h00. The first car arrived at the venue for the second day's more traditional dirt driving at the African Outdoor Group's facility near Hartbeespoort Dam at 04h00 the following day, with the last vehicle in by around 07h00.

The 42 enthusiastic participants from six 4x4 clubs and some individual entries rated the event the best of its kind and will be pleased to know it will follow much the same format in 2010.

Winners of the 2009 Challenge, for the second year in succession, were Andre de Villiers, owner of Safari Centre, and his wife Yvonne in a Toyota Fortuner, who also won the opening round in February.

Second were Sakkie Coetzee and Marius Bonthuys of the Isuzu Off Road Club in a Frontier. They also won round four at Rhino Park in May. The Safari Centre 4x4 Club made it two on the podium with Kai and Bruni Vogel third in a Pajero. Johan Terblanche and Marlene Muller of the Isuzu Off Road Club, who won round three in Swaziland in April, were fourth in an Isuzu double cab ahead of the Gelandewagen Club's Johann and Henning Bisschoff in a Gelandewagen (winners of round five in the Free State in June) and Idmar Marx and Clinton Claassen in another Gelandewagen (winners of round two at AOG in March).

The Bridgestone 4x4 Fundi Challenge was born out of the establishment of the Bridgestone 4x4 Fundi programme in 2004, a unique initiative to train dealer sales staff in all aspects of 4x4 tyres and off road driving. The challenge brings together the dealerships that have received Fundi training with the 4x4 clubs and enthusiasts.

The 4x4 Fundi portfolio is managed by Johan Mostert, a committed off road driving enthusiast for many years who has considerable experience in off road driver training and the creation of off road tracks for promotions and competitions. He has been involved with the programme since its inception and created the 4X4 Fundi Challenge.

"The Challenge has grown beyond our wildest expectations," he said. "It has become so popular that competitors keep on wanting to enter as soon as they understand the concept, we just love to see their enthusiasm and gladly welcome all.

The Challenge final, which offers substantial prizes, is limited to 42 participants who qualify by either winning a round or by their combined scores from at least four rounds. The winners each received an Echo 3 off-road camping trailer (valued at R130 000 in total), the runners-up each won a Nuvi 500 GPS plus Safari Centre vouchers (valued at R10 000 in total) and the third-placed team went home with a pair of Cadac patio braais valued at R10 000.



“Prizes are presented in pairs as we believe the co-driver is as important as the driver,” said Johan Mostert. “We also traditionally have fun prizes for 15<sup>th</sup> overall (Safari Centre vouchers) at each round as well as the last-placed competitors (walking sticks).”

Mostert is excited about the growth in popularity of the Challenge and sees it as acknowledgement of the success of Bridgestone’s concept of providing 4x4 off road driving enthusiasts with a family-oriented activity in a safe and environmentally friendly environment.

“A key objective with 4x4 Fundi is to position Bridgestone South Africa as a responsible company that cares about the environment and treats it with respect,” says Romano Daniels, GM of both group public relations and marketing. “That is why we have actively sought out like-minded companies (such as Suzuki SA and the African Outdoor Group) and organisations like the Association of All Wheel Drive Clubs of Southern Africa and the Four Wheel Drive Guide Association, and associated ourselves with safe and responsible off road driving.

### **IMPORTANT TITBITS SHARED BY BIG COUNTRY 4x4 – PROFESSIONAL 4x4 MANUFACTURERS**

#### ***New Pula in Botswana***

*In August 2009 a new family of notes was introduced in Botswana. The old notes can be exchanged at banking institutions till Dec 31 2009. Thereafter, all exchanges will be handled at the Bank of Botswana in Gaborone and Francistown, until 2014.*

#### ***Mozambique***

*It is now law that a reflector jacket and 2 triangles have to be in your vehicles when travelling to Mozambique (See article further down. Ed)*

#### ***IBREAM***

*John Hanks is one of SA’s longest-standing and most respected conservationists. One of the projects he’s involved with at the moment is IBREAM – the Institute for Breeding Rare and Endangered African Mammals. They do fantastic work trying to maintain population numbers and gene pools of threatened species and their field station is located at The Lapalala Wilderness game reserve in the Waterberg.*

*The IBREAM workers there are in dire need of a 4x4 or 4x2 vehicle. It doesn’t need to be new. We’d be so grateful – and I have no doubt IBREAM would be happy to discuss what they could offer any sponsor by way of mentions in their publicity.*

### **WORLD RENOWNED GAME PARK STEPS UP THE FIGHT AGAINST POACHING**

With the appointment of 57 new Field Rangers, the world renowned [Kruger National Park \(KNP\)](#) has stepped up the crime fighting ability against the brutal poaching of animals.

This according to South African National Parks, Chief Executive, Dr David Mabunda, who said the new recruits, will be adopting a multi-disciplinary approach and will draw on the skills and expertise of various law enforcement agency involved in the fight against poaching of South Africa’s fauna and flora. “We as a conservation agency and the public at large are paying a high price with these senseless killings of our animals, while some leader of a syndicate is winning the minds and hearts of ordinary and poor members of society to be on the frontline of these evil operations.”



Dr Mabunda was speaking at the Pass-Out Parade of 57 new Field Rangers held in [Skukuza](#) this morning. He said we want to send a stern warning on these criminals that their days are numbered. "We are on their trail and closing up quickly on them."

He said the country continues to lose some of its precious animals in the hands of poachers; animals such as rhinos are highly on demand on the poachers radar screen. "Since the beginning of the year the country in general has lost a total of 94 rhinos, In which 38 was lost in KNP, 7 in Gauteng, 9 in Limpopo, 5 in Mpumalanga, 10 in North West, 4 in Eastern Cape and 21 in KwaZulu-Natal."

However, the loss of animal lives has not been in vain as to date 22 poachers have been arrested by SANParks rangers and are appearing before various courts in the country, said Dr Mabunda. "Our cross-border operations which include patrols with members of the South African Police Services, and our counterparts in Mozambique have yielded huge successes.

The parade was inspected by SANParks top rangers, Dr Mabunda and high ranking officials of the SAPS and SANDF border patrol units. According to Dr Mabunda a total of R5.2 million has been invested in the fight against poachers. "The funds allocated have been used to acquire amongst others motorbikes, bicycles, a bantam aircraft, to be used in patrols and high tech night vigil surveillance equipment..." "we want to own the night as well, as these senseless fugitives tend to focus their operations at night."

He said this is the fight we are planning to win; Mabunda also applauded the Environmental Affairs Minister and her provincial counterparts for their pro-active discussion around a possible establishment of a national unit or strategy that will deal with the scourge of environmental crimes including poaching in national, provincial as well as in private lands.

Dr Mabunda also welcomed the decision by the South African government to return the military to patrol the 450km national border on the eastern boundary of the KNP as the exit of the military three years ago had created even more pressure on the work of the rangers. "Discussions with the military are already at an advance stage and an announcement will be made soon on the reintroduction of their patrols in the borders of KNP.

In conclusion, Dr Mabunda wished all the new recruits well in their work and encouraged them to work with honor as they carry out their tasks in this fight. "We must let the poachers know that we will seek them out, we will find them and they will be dealt with accordingly. This is a war that we plan on winning," he warned.

Issued by South African National Parks, on behalf of SANParks Chief Executive

### **EXCHANGING MONEY SERVICE OFFER FOR CLUBS & OTHERS**

Good day.

We would like to introduce us to the 4x4 community and wish to bring you all a service greatly needed. Inter Africa Bureau de Change - Order before you leave and pickup your forex at any South African Border Posts between Botswana and Zimbabwe. These include Kopfontein, Zeerust, Groblersbrug, Stockpoort and Beitbridge.

To serve the South African Corporate and tourism market our head office is in Pretoria and branches in Durban (KwaZulu-Natal), Pietermaritzburg (KwaZulu-Natal), Lephalale (Limpopo),



Hoedspruit (Mpumalanga), Swellendam (Western Cape) and Bloubergstrand (Western Cape). We offer a delivery service, in the whole of Gauteng and Durban.

**Our rates are highly competitive and we will offer a 0% commission to customers belonging to a registered 4x4 club.**

We pride ourselves not only in the outstanding quality of our service and products but also in our employee friendly culture and low staff turnover. We believe in uplifting of the local communities and the majority of our staff is sourced from the villages around our offices. Our dedicated team is one of the most important contributing factors to our current success.

Please do not hesitate to contact us if you need any additional information or visit our website: [www.travelforex.co.za](http://www.travelforex.co.za), and [www.transportforex.co.za](http://www.transportforex.co.za) for online ordering.

Kind regards and happy 4x4 adventures  
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**SAFARIS TO MOZAMBIQUE – WE CAN ASSIST**

We have a business called Calabash 4 x 4 Safari's and we go into Mozambique. We have a business partner who is our guide and he has been going to Mozambique most of his life. He is very well equipped and experienced knowing the people, local language and culture.

We are offering adventures to southern Mozambique. Kosi Bay, Ponta do Ouro, Elephant Reserve, Santa Maria and the islands of Inhaca and Macanetta. Most tours vary from 2 – 7 nights away although longer tours can be arranged. Fees include all transport and border costs, accommodation, food and beverages.

For those who just want to bring their own vehicles and just tag along and bring their own equipment and food etc - tag along fee only will apply.

Please if you could circulate this email to others who enjoy 4 x 4 it would be greatly appreciated.  
Kindest regards  
Nicky Mitchell  
The Krantz  
e-mail: [thekrantzsabie@gmail.com](mailto:thekrantzsabie@gmail.com) / web: [www.thekrantz.co.za](http://www.thekrantz.co.za)  
cell: 082 572 3108 / tel: 013 764 3468

**NEW ROAD LAWS IN MOZAMBIQUE – READ AND DON'T SPOIL YOUR UPCOMING HOLIDAY!!!!!!**

Please publish the attached in your next issue. The police in Moz are already harassing tourists who do not comply with the new regulations.

Thank you  
Deidre  
MTB/Hollard  
Tel/Fax: (013) 750 1733



**Decree 53/2009 of 08 September**

It being necessary to improve the prevention of accidents caused by moving or stationary vehicles or obstacles caused by fallen cargo, in accordance with article 204, paragraph 1, clause f) of the Constitution, the Council of Ministers decrees:

Article 1: The Regulation for the Characteristics of Advanced Warning Signs, Reflective Vests and Reflective Signage, annexed to this decree and an integral part herein, is approved.

Article 2: Decrees 20.105 of 09 October 1963 and 436/70 of 31 August 1970 are hereby revoked.

Article 3: The present decree shall come into force 90 days after its publication. Approved by the Council of Ministers on 11 August 2009. Let it be published.

The Prime Minister – Luisa Dias Diogo.

**Regulation for the Characteristics of Advanced Warning Signs, Reflective Vests and Reflective Signage**

**ARTICLE 1**

**Objective**

This regulation defines the characteristics of advanced warning signs, reflective vests and reflective signage.

**ARTICLE 2**

**Scope of Application**

1. The present regulation applies to all vehicles and trailers on public or private roads, open to public traffic, and to the drivers.
2. Two or three wheeled vehicles, mechanical cultivators and tractor vehicles are exempted from that required in the previous paragraph.

**ARTICLE 3**

**Characteristics of Advanced Warning Signs**

1. Advanced warning signs take the form of equilateral triangles each side of which is 500 millimetres long, with a tolerance of more or less 5 millimetres, and with external strips of not less than 50 millimetres wide, and uniformly covered in red reflective material, in accordance with Annex 1.
2. The advanced warning sign must have an opening of not more than 360 millimetres on each side within the triangle.
3. The warning sign must be visible from at least 100 metres when light shines on it
4. The back of the warning sign must be white which must be on the three vertices of the triangle or form a border 5 millimetres wide on the edges of these.
5. The surface which borders the unbroken reflective strip and the back side of the triangle must be yellow.
6. The warning sign must be such that it can be erected vertically with a tolerance of no more than five degrees, and its lower border must be horizontal and between 50 and 100 millimetres from the ground.

**ARTICLE 4**

**Conservation of the Warning Sign**

The sign must be maintained in such a way that the reflective surfaces are not damaged.



## **ARTICLE 5**

### **Reflective Vest**

1. All vehicles and trailers on public or private roads, open to public traffic must be equipped with a fluorescent vest with reflective stripes in accordance with the diagram provided in Annex 2.
2. It is compulsory for drivers of vehicles to wear the reflective vest in the following situations:
  - a) When repairing a vehicle at the road;
  - b) At a road accident;
  - c) When loading, unloading or removing cargo which has fallen onto the road or roadside.

## **ARTICLE 6**

### **Characteristics of the Reflective Vest**

1. The reflective vest must be visible in the day and at night, must be made from polyester with a front closing and side adjustments, with polyvinyl reflective strips in yellow or green, and be fluorescent.
2. The reflective strips must be at least 400 millimetres wide and must be placed on the front, each side and the back.

## **ARTICLE 7**

### **Reflective Markings**

Reflective markings must be used on all vehicles and trailers of over 10,000kg in weight or more than 6 metres long, in accordance with the diagram provided in Annex 3.

## **ARTICLE 8**

### **Placement of Reflective Markings**

1. Reflective markings must be placed on the sides and back or on the side and back edges of vehicles and trailers, in continuous or contiguous rectangular bands.
2. Markings must be between a minimum of 0.25m and 1.5m from the ground and may be extended up to 2.1m.
3. Reflective markings must permit the total identification of the vehicle or at least 80% of its length or width.

## **ARTICLE 9**

### **Characteristics of Reflective Markings**

1. Reflective markings must be made from reflective material and be yellow.
2. Reflective markings must be at least 50 millimetres wide, their length depending on whether or not they are continuous.
3. The distance separating markings which are not continuous must be no more than 80% of their length.

## **ARTICLE 10**

### **Penalties**

1. Infraction of that provided in Articles 5 and 7 of this regulation is punishable by a fine of 1,000Mt
2. The use of warning signals, reflective vests or reflective markings which are not in accordance with that required in this regulation is punishable by a fine of 500Mt.



- The fine provided in the previous paragraph shall also be applied to anyone using a warning sign which is in a poor state or which has incomplete or damaged reflective areas, or anyone using a reflective vest not of the type required under this regulation.

#### ARTICLE 11 Transitional Provisions

Triangles purchased prior to the introduction of this regulation and which do not comply with that stipulated herein, shall remain valid for five years.

***(You have been warned. Don't let this become another area of bribery during your December vacation... Ed)***

#### MALARIA PREVENTION AND PROPHYLAXIS

By Frans J Cronjé, MBChB(Pret), MSc; Albie De Frey, MBChB(Pret), FFTM (ACTM), FFTM (RCSPG); Hermie C Britz, MBChB(Pret), BSc(Hons) Aerosp Med

Malaria is a perennial concern to travellers in Africa. Of all the questions DAN receives, malarial prophylaxis is one of the most common. Safety of medication while diving and drug resistance considerations are the most pressing issues. As divers venture deeper into the African tropics the risks of contracting malaria increase proportionally.

Lack of medical facilities, transportation and communication add additional complexity to managing this medical emergency. Understanding malaria prophylaxis and general preventative measures is therefore of the utmost importance. The following section covers the most important considerations in selecting and using malaria prophylactic measures and medications. The medical treatment of malaria, which is complex and requires close medical supervision, falls outside the scope of this document. If you think that you may have malaria or are concerned about unexplained symptoms after visiting a malaria area, contact DAN immediately.

The three most important guidelines regarding malaria prevention and survival are:

- *Do Not Get Bitten*
- *Seek Immediate Medical Attention If You Suspect Malaria*
- *Take "The Pill" (Anti-Malaria Tablets / Prophylaxis)*

#### **(1) DO NOT GET BITTEN**

- Stay indoors from dusk to dawn
- If you have to be outside between dusk and dawn – cover up:
  - Long sleeves, trousers, socks, shoes (90% of mosquito bites occur below the knee)
- Apply DEET containing insect-repellent to all exposed areas of skin, repeat four-hourly
- Sleep in mosquito-proof accommodation:
  - o Air-conditioned, and / or proper mosquito gauze
  - o Buildings / tents, regularly treated with pyrethrum-based insect repellent / insecticide
  - o Burn mosquito coils / mats
  - o Sleep under an insecticide impregnated (Permacote® / Peripel®) mosquito net (*very effective*)

#### **(2) SEEK IMMEDIATE MEDICAL ATTENTION IF YOU SUSPECT MALARIA**

- Any flu-like illness starting 7 days or more after entering a malaria endemic area is malaria *until proven otherwise*.



- The diagnosis is made on a Blood smear or a rapid malaria antigen finger prick test,
- One negative smear / rapid test does NOT exclude the diagnosis: Repeat the smear / rapid test until the diagnosis is made, another illness is conclusively diagnosed or spontaneous recovery occurs e.g., from influenza.

**(3) TAKE “THE PILL**

There are several dangerous myths regarding malaria prophylaxis. Please note that:

- Prophylaxis does *not* make the diagnosis more difficult
- It *does* protect against the development of *cerebral malaria*
- Prophylaxis is *not* 100% effective - hence the importance of avoiding bites
- *Not* all anti-malaria medication is safe with diving
- *Malaria is often fatal – making prophylaxis justified*

Anti-malaria drugs, like all drugs, have potential side-effects. The majority of side-effects decrease with time. -Serious side-effects are *rare* and can be avoided by careful selection of a tablet or combination of tablets to suit your requirements (Country, region and season).

**THE FOLLOWING DRUGS ARE AVAILABLE FOR THE PREVENTION OF MALARIA:****(1) Doxycycline (Vibramycin® or Cyclidox® or Doryx®, etc.):**

- Used extensively in the prevention of chloroquine resistant malaria. About 99% effective. Not officially recommended for use in excess of 8 weeks for malaria prevention, but it has been used for as long as three years with no reported adverse effects. Offers simultaneous protection against tick-bite fever.
- **Dosage:** 100mg daily *after a meal* starting 1 - 2 days before exposure until 4 weeks after exposure. Doxycycline should be taken with plenty of *non-alcoholic* liquid.
- **Side effects:** Nausea, vomiting, diarrhoea, allergy, photosensitisation. May cause vaginal thrush and may reduce the efficacy of oral contraceptives.
- **Contraindications:** Pregnancy; breastfeeding; children < 8 years
- **Use in Pregnancy:** Unsafe (as is SCUBA DIVING)

**Doxycycline is DAN Southern Africa’s agent of choice for divers diving in Sub Saharan Africa as well as other areas with chloroquine resistance / “resistant malaria”.****(2) Chloroquine (Nivaquine® or Daramal® or Plasmaquine®):**

- Contains only *chloroquine*. *Must be taken in combination with Proguanil (Paludrine®)*
- **Dosage:** 2 tabs weekly starting one week before exposure until 4 weeks after leaving the malaria endemic area.
- **Contra-indications:** Known allergy, epilepsy
- **Side effects:** Headache, nausea & vomiting, diarrhoea, rashes; may cause photosensitivity (sunburn; prevention – apply sun block)
- **Use in Pregnancy:** Safe. (Note: SCUBA diving is not considered safe during pregnancy)

**(3) Proguanil (Paludrine®):**

- *Must be taken in combination with Chloroquine (Nivaquine® or Daramal® or Plasmaquine®)*
- **Dosage:** 2 Tablets every day starting one week prior to exposure until 4 weeks after.
- **Contra-indications:** Known allergy to Proguanil. Interactions with Warfarin (An anti-coagulant / blood thinning agent -- that is incompatible with diving)



- **Side-effects:** *Heartburn* (Tip: Take after a meal, with a glass of water & do not lie down shortly after taking Proguanil); *mouth ulcers* (Tip: Take Folic acid tablets 5mg per day if this occurs); *loose stools* (self limiting – no treatment required)
- **Use in Pregnancy:** Safe - but must be taken with Folic acid supplement: 5mg per day. (Note: SCUBA diving is not considered safe during pregnancy)

The combination of Chloroquine & Proguanil is about 65% effective for resistant falciparum malaria. Although not a first choice, its relative safety and limited side-effects may justify its use in certain individuals.

#### (4) Atovaquone / Proguanil (Malarone® ; Malanil®)

- Registered in South African as a causal prophylaxis in February 2004. Although safety in diving has not been confirmed, many divers are using it with no reported adverse effects. The side-effect profile does not pose undue risk as long as the medication is commenced at least 24 hours before diving to avoid an inadvertent allergic response or untoward side-effects manifesting during or shortly after a dive. Some increased sensitivity to motion sickness has been reported anecdotally. Preliminary data suggests it is safe for pilots.
- Effective against Malaria isolates that are resistant to other drugs.
- Controlled studies have shown a 98% overall efficacy of Atovaquone / Proguanil in the prevention of *P. falciparum* malaria
- **Dosage:** 1 Tablet daily for adults, starting 24 – 48 hours prior to arrival in endemic area, during exposure in endemic areas and for 7 days after leaving the endemic area only. Dose should be taken at the same time each day with food or a milky drink.
- **Contra-indications:** Known allergy to Proguanil or Atovaquone or renal impairment (i.e., significant renal disease is likely to be incompatible with diving). Safety in children < 11kg has not been established.
- **Side-effects:** *Heartburn* (Tip: Take after a meal, with a glass of water & do not lie down shortly after taking Atovaquone / Proguanil); *mouth ulcers*. To date Atovaquone has been well tolerated and the most common adverse reaction being *headache*.
- **Use in Pregnancy:** Safety in pregnancy and lactating women has not been established. (Note: SCUBA diving is not considered safe during pregnancy)

#### (5) Mefloquine (Lariam® or Mefliam®)

- About 90% effective against chloroquine resistant malaria. Convenient dosing schedule.
- **Dosage:** One tablet /week.
- **Side effects:** May cause drowsiness, vertigo, joint aches and interfere with fine motor co-ordination (Making it difficult to exclude DCI in some cases).
- **Use in Pregnancy:** Probably safe in early pregnancy and may be used with confidence after the first trimester of pregnancy. May be used in breast feeding and babies weighing more than 5kg.

**Mefloquine is considered unsafe for divers & pilots. It is contra-indicated in epilepsy but is a good first choice for other travellers.**

#### (6) Pyrimethamine / Dapsone (Maloprim® or Deltaprim® / Malazone®):

- No longer regarded as effective.

#### (7) Sulfadoxine & Pyrimethamine. (Fansidar®):

- No longer used as *prophylactic*

#### (8) Quinine (Lennon-Quinine Sulphate®):

- Not used for *prophylaxis* but is the backbone in the *treatment* of moderate and severe malaria. Serious side-effects are not uncommon during treatment.



**(9) Artemether (Cotexin®):**

- The "Chinese drug". Available in some areas of Africa. *Not for prophylaxis. Used in combination with other drugs* in the treatment of mild to moderate malaria.

**(10) Halofantrine (Halfan®):**

- Not used for prophylaxis and best avoided for treatment.

**RECOMMENDED MALARIA DRUG PROPHYLAXIS IN DAN SOUTHERN AFRICA REGION (AFRICA & INDIAN OCEAN ISLANDS)**

AREA	MALARIA	RECOMMENDED DRUGS
Kruger Park Mpumalanga  Northern Province KwaZulu Natal (Excluding Ingwavuma & Ubombo)	Low: June to August / low rainfall  High: Hot wet seasons November to May	# High risk persons : Mefloquine  Doxycycline Malanil®  Low risk persons: *Nothing – see below.
Ingwavuma & Ubombo	Throughout the year	Mefloquine Doxycycline Malanil®
Swaziland	Throughout the year in lowveld areas	Mefloquine Doxycycline Malanil®  Nothing
Zimbabwe	Mainly November to June in areas below 1200m and throughout the year in the Zambezi valley	Mefloquine Doxycycline Malanil®  Nothing
Angola, Comoros Kenya, Madagascar Malawi, Mozambique Zaire	Throughout the year	Mefloquine Doxycycline Malanil®
Botswana	Mainly November to June in the northern parts of the country (e.g. Okavango)	Mefloquine Doxycycline Malanil®  Nothing
Namibia	Mainly November to June in northern rural areas (E.g. Ovambo, Kavango & Etosha)	Mefloquine Doxycycline Malanil®  Nothing
Zambia	Mainly November to June in areas below 1200m and throughout the year in the Zambezi valley	Mefloquine Doxycycline Malanil®  Nothing
Seychelles	No malaria	*
Mauritius	Only benign forms of malaria in the north	Chloroquine in northern areas * Nothing
Tanzania  Zanzibar	Mainly November to June in areas below 1200m and throughout the year in the valleys	Mefloquine Doxycycline Malanil®



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<p>* In situations where the risk of contracting malaria is low, ( e.g. in cities, air conditioned hotel or when rainfall has been low, etc.) the traveller may be advised to take no drug prophylaxis but standby treatment must be carried unless medical care is readily available. PERSONAL PROTECTION AGAINST BITES MUST BE ADHERED TO AT ALL TIMES.</p>	<p>Mainly November to June. Mostly benign forms of malaria on the island, but travel through Tanzania may necessitate prophylaxis</p>	<p>Mefloquine Doxycycline Malanil®</p>
<p># High risk people include babies &amp; children under 5 years, pregnant women, elderly people (&gt; 65 years), people with suppressed immunity (e.g. diabetics, etc.)</p>		

**NOTE:**

- (1) *Prophylaxis significantly reduces the incidence of malaria and slows the onset of serious symptoms of malaria.*
- (2) *All anti-malaria drugs excluding Mefloquine are considered compatible with diving.*
- (3) *Like with all other medication, anti-malaria drugs should be tried and tested on land well in advance.*
- (4) *If unpleasant side-effects occur, please consult your doctor or DAN*
- (5) *Whether or not you take prophylaxis, be vigilant about potential malarial symptoms. Malaria can present in many ways varying from fever, diarrhoea to flu-like symptoms. Always inform your doctor that you have been in a malaria area. Symptoms can start within 7-14 days from first exposure until 30 days (and rarely even months) after leaving a malaria area.*
- (6) *No single medication is 100% effective and barrier mechanisms / personal protection against bites (e.g. mosquito repellents, nets, protective clothing, not going outdoors from dusk to dawn) must be applied.*
- (7) *Any strange symptom occurring during or within 6 weeks of leaving a malaria area should be regarded with suspicion and requires medical attention.*

The above mentioned recommendations were compiled from material supplied by the National Department of Health and WORLDWIDE TRAVEL MEDICAL CONSULTANTS.

**DISCLAIMERS  
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The content and opinions are neither pre-screened nor endorsed by the SASTM. The content should neither be interpreted nor quoted as inherently accurate or authoritative.  
(The above disclaimer also refers to the publisher of this newsletter, 4x4 Offroad Adventure Club and any of its members or owners).



**KAROO NATIONAL PARK TO INTRODUCE LIONS TO MARK 30TH ANNIVERSARY**

[Karoo National Park](#), situated near Beaufort West, celebrated its 30th Anniversary yesterday with the announcement that lions would be introduced to the Park in 2010.

Speaking on behalf of South African National Parks (SANParks) executive management, Dr. Nomvuselelo Songelwa made the announcement at an event held on 29 October 2009 to commemorate 30 years of the Park's existence after its proclamation on 12 September 1979.

"The introduction of lions will bring back a historically-occurring species to the Great Karoo ecosystem," said Songelwa.

Songelwa added that the introduction would take place in the first half of 2010 once measures had been put in place to ensure the safety of visitors walking around the Park's rest camp. The decision had been made after careful consideration of the viability of introducing this top predator, taking into account the numbers of prey species most likely to be targeted by lions in the Park.

Truman Prince, Executive Mayor of the Central Karoo District Municipality, opened the celebrations with a welcome speech. Prince pledged the full support of the District and Local Municipality for Park conservation initiatives in general, as well as a specific fencing issue delaying the full completion of the Park's predator-proof fencing.

Upon receiving a Kudzela from the Park Manager, Prince – an Executive Member of the South African Football Association - declared that he would put it into use at Bafana Bafana's next match against Japan. Beaufort West Executive Mayor, Juliet Jonas, highlighted the contribution to the Park's existence by the local community which commenced in 1976 with the donation of communal land to form the core of the Park prior to proclamation.

Jonas also expanded on the role that national parks play, saying: "Like the Karoo National Park, all national parks lie at the centre of our South African character. They reflect and strengthen our sense of place; they protect and support our unmatched biodiversity and increasingly, they anchor growth, job creation and hope through tourism for our communities."

SANParks Regional Manager, Lucius Moolman, declared that the cooperation with and support from local government was "the best experienced by any national park in the country".

Mzwandile Mjadu, Karoo National Park Manager, expanded on the major developments and achievements in the Park over the 30 years of its existence.

Highlights included the opening of the Park's rest camp in 1989, the opening of SANParks first-ever 4x4 trail in 1992 and the opening of the first Braille fossil trail in the world in 1994. More recent developments of tourist facilities include the opening of the Interpretive Centre in 2005, Bulkraal picnic site and swimming pool in 2006 and Grantham Environmental Education Centre and in 2008. New 4x4 eco-trails and overnight facilities were opened earlier this year.

Mjadu praised the Karoo National Park management and staff over the years for their dedication and service to SANParks, saying this is what had led the Park to its current success. Testament to the improvements in tourism facilities is the increase in visitor numbers by 26% and an increase in accommodation unit occupancy by 5% over six months.

Karoo National Park's rangers put on a parade to demonstrate their skills while the Park's choir entertained guests with a few songs.



### **THE CAPTAINS MATE RELEASES NEW ONLINE MAGAZINE**

The Captain Morgan newsletter (online has just been released and is an awesome rendition of exciting events happening in SA. View it at:

<http://www.captainmorgan.co.za/brochure/captainsmates.html>

### **KOBUS KRITZINGER NIE MEER DAAR NIE**

Suid-Afrika het sy mees geliefde natuurbewaarder verloor. Kobus Kritzinger is nie meer nie, hy is op Vrydag 23 Oktober 2009 aan motoneuronsiekte oorlede. Hierdie spesiale uitgawe van *Agterpadreisnotas* bring hulde aan hom, juis omdat so baie natuurliefhebbers daar diep die binneland in waarskynlik al van Kobus gehoor het en nie sy doodsberig in *Die Burger* onder oë sou gehad het nie. Ja, Kobus was wêreldwyd bekend. Sy lewe was nie verniet nie. Ek het Kobus maar swak geken. Net van 'n paar maal se toevallige raakloop by toerismeskoue. Vandag is ek spyt dat ek nooit sy uitnodigings aangeneem het waar hy gesê het hy wil vir my Namakwaland se veld gaan wys nie. Hy het juis iets baie spesiaal gehad wat hy op die Knegsvlakte vir my wou wys. En nou sal ek nooit weet wat dit was nie.

Kobus was vanaf 1978 Namakwalandse wetstoepasingsbeampte vir die provinsiale natuurbewaringsowerheid van daardie gebied, eers op Springbok en later op Vanrhynsdorp. Hy was veel meer as net 'n veldpolisieman. Hy het die veldplantjies en die geologiese samestelling van Namakwaland by die naam geken, ja selfs by die moeilik verstaanbare Latynse name ook. En hy het daardie liefde oorgedra aan almal wat dit met hom wou deel. Dié dat hy so wyd die wêreld oor bekend was.

Ek onthou my eerste telefoniese kennismaking daar van 1991 af met hom nog asof dit vandag is. Die Richtersveld Nasionale Park was toe in die proses van proklamering. Ek wou gaan kyk wat die voetslaanmoontlikhede van daardie gebied is. Maar dis 'n woestynwêreld daardie en ek moes uitvind waar ek daar drinkwater sou kry. Ek het met 'n 1:50 000 topografiese kaart van daardie gebied voor my op die tafel oop vir Kobus op Vanrhynsdorp gebel. Hy het sy kaart daar oop oopgemaak en toe vir my tree vir tree 'n roete deur die Richtersveld se Vandersterberge uitgewys, en ek het dit op my kaart afgeteken.

Die drinkwaterbronne in die Richtersveld is goed versteek en jy kan 10 meter daarvan verbyloop sonder om te weet dit is daar. Kobus het my só goed verduidelik dat ek op die tree na by elkeen uitgekom het wat hy uitgewys het. Een was welliswaar droog en daar het ons toe amper-amper probleme opgetel.

Pieter Straus, die skrywer van Boesmanlandse stories en onderwyser van Stellenberg in die Kaap, het by vanjaar se Woordfees op Stellenbosch opgewonde aan my vertel hoe hy en Kobus verlede jaar Augustus vir seker twee weke lank van Pella af al langs die Garieprivier af deur die veld getoer het. Pieter het vertel dat Kobus met groot dringendheid sy veldkennis aan hom wat Pieter is wou oordra. Kobus het toe reeds gewet sy einde was vinnig aan die kom. Seker dié dat hy my ook 'n ruk voor dit gebel het en gesê het ek moet so gou moontlik saam met hom op die Knegsvlakte kom kuier. En ek het toe nie. Ja!

Volgens 'n berig in *Die Burger* van 26 Oktober 2009, 'Legendariese blom- en veldkenner sterf', deur Aldi Schoeman, is Kobus op 3 September 1952 in Ysterplaat by Kaapstad gebore. Hy het op verskeie plekke skoolgegaan en is as polisieman opgelei. Hy het in 1977 natuurbewaarder geword en het in Maart 2008 afgetree. Dié berig sê dat Kobus sy werk as natuurbewaarder só



geniet het dat hy 'n gesegde gehad het dat hy vir elf maande van die jaar met vakansie was, en een maand van die jaar se twaalf dan verlof geneem het.

Ek salueer dus vir Kobus Kritzinger vir wie hy was.  
Die Kumnandi Getaways Redaksie

### **COUNTERFEIT CURRENCY – WORLD CUP 2010**

Johannesburg - Businesses have to be aware of a heightened danger of counterfeit currency while the 2010 Fifa World Cup is in progress, according to Kalyani Pillay, CEO of the South African Banking Risk Information Centre (Sabric).

"The industry is taking seriously the potential threat of the increased illegal circulation of counterfeit currency, especially during the period of the 2010 Fifa World Cup," said Pillay. To be at the ready, Sabric and the South African Police Service have set up an inter-bank foreign exchange and counterfeit currency work group.

"Counterfeit notes pose significant strategic and operational risks for the South African Reserve Bank (Sarb) and the public," said Clive Crompton of the SA Reserve Bank.

"In the long term, failure to take decisive action to combat currency counterfeiting can lead to the erosion of public confidence in the SA currency, resulting in Sarb being exposed to reputational risk."

Small business owners regularly fall victim to the use of fake notes or coins. A small cash retailer told Fin24.com she had taken in over R200 in counterfeit R5 coins over the last three months.

### **How to spot a fake**

"The loss resulting from a single R200 counterfeit note can be substantial for an individual on a fixed income or for a small retailer with limited revenue," said Crompton. Coins which are abnormally shaped, lighter than others of the same denomination or have scuffed surfaces are most probably suspect. A trick some retailers use to test authenticity is the use of a magnet. Counterfeit coins tend to be non-magnetic.

When it comes to notes, some retailers have begun to implement ultra-violet lights in an attempt to identify dye-stained or fake currency. Security companies have defensive mechanisms which allow notes in their possession to be stained when criminals attempt to steal this cash. Consumers are supposed to treat stained notes as counterfeit as they are the proceeds of criminal activities.

While much has been made of moves toward a cashless society - where business owners use their cellphones or debit cards to transact - many small businesses and informal traders still use cash and will continue to be exposed to counterfeit currency.

- Fin24.com

### **WFGTA MARKETING BANNER**

At the World Federation of Tourist Guides conference in Bali in Jan 09 the conference adopted a banner which will be used for international marketing . This banner has the ability to have a world heritage site of the particular member country placed central to the banner so that each country may identify with this banner but still have the uniformity of the WFTGA marketing.



In preparing this banner for the world tourist guide day on 21 February 2010 we as South Africa need to agree on what icon South Africa would place central to this banner. The buildings on the existing banner we need to conform with is all World Heritage sites .

By sending this email to all tourist guides in SA we would like to have suggestions on what image you would like to represent SA in the international banner .The process will be completed when the new National body is in place and will be taken to Tallin for the WFTGA conference in 2011.

If you have any suggestions please send them to [gautengguides@gmail.com](mailto:gautengguides@gmail.com). To see full image please click this link <http://www.guidessa.org/?q=node/206>

Regards  
Johan - GGA Team

### **SUNPATH SAFARIS - ZIMBABWE**

Sunpath Safaris has operated in Zimbabwe, specializing in the Mana Pools area, for many years. We conduct tented camps on the Zambezi River and at Chitake Springs (from May to early November) as well as expeditionary styled canoeing safaris down the Zambezi River (all year). We are not a lodge but run only mobile camps and believe the wild places should be kept wild.

Your hosts are myself and Gus Alexander. Gus is one of Zimbabwe's foremost professional guides and hold both a Pro Guide's walking licence as well as a Canoe Guide's licence. I have been 'part of the furniture' of Mana since 1980.

Our ethos is to provide a true wilderness experience, to maintain a minimal 'ecological footprint' in the areas we operate, keep our groups small (max 8) and share our many years of experience in the flora and fauna of the area with you.

If you would like any further information on our tented camps or canoe safaris, or to receive our bi-monthly newsletter please contact me by return email. We look forward to hearing from you.

Sincerely,  
Craig Chittenden - Director  
SUNPATH SAFARIS P/L  
PO Box Wgt 416, Westgate, Harare  
Tel: (263-4) 304043, 011 204 947  
Email: [sunpath@mweb.co.zw](mailto:sunpath@mweb.co.zw)  
Web: [www.sunpathsafaris.com](http://www.sunpathsafaris.com)

### **OPENINGS**

**Still looking for somewhere to go in December?**

**Limited Accommodation!**

**DECEMBER 2009 Accommodation still AVAILABLE over peak dates!**

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## NAVIGATORS TOURS & SAFARIS

We specialise in personally-guided small-group tours and safaris to remote destinations in Southern Africa. Bring your equipped 4x4 vehicle, camping equipment, accessories, food, drinks, enthusiasm and sense of adventure! For anyone who doesn't have their own 4x4 vehicle, we also offer an all-inclusive booked-seat option on many of our tours – please visit our website or contact us for details.

### Space still available on the following self-drive tours:

**Kalahari : Black-Maned Lions – 8 Nights**

**Tour Dates: 22 – 30 January 2010** ([read more](#))

**Central Kalahari Game Reserve – 9 Nights**

**Tour Dates: 22 February – 3 March 2010** ([read more](#))

**Kaokoveld : Desert Elephants & Himba – 14 Nights**

**Tour Dates: 3 – 17 May 2010** ([read more](#))

**Zambia : Explorer Tour – 19 Nights**

**Tour Dates: 23 July – 11 August 2010** ([read more](#))

### Tour Schedules for 2010

Click on the following highlighted link to view our [Guided Self-drive tour schedule](#) for 2010, available on our website. To travel with us in our vehicles on an all-inclusive tour, click on the following link to view our [Booked-Seat tour schedule](#) for next year. Alternatively, contact us with your plans and travel dates, and ask us to design a tailor-made package for you.

For further details on these and other tours, e-mail us at [info@navigator4wd.co.za](mailto:info@navigator4wd.co.za). Alternatively, contact Karen at our office on **landline: +27 (0) 21 689 1825** or contact Chris on his mobile at **cell: +27 (0) 83 675 3484**.

(March 2009)

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## *Hit the Trail ... / ... continues*

### BEST TYRE AWARD FOR BRIDGESTONE

For the third time in four years Bridgestone South Africa is a winner in the annual Focus on Excellence Awards, sponsored by WesBank and hosted by Focus on Transport and Logistics magazine.

The Focus on Excellence award for best tyre was awarded to Bridgestone South Africa for its Bridgestone brand for the second year in succession. Bridgestone's popular Firestone range won the inaugural award in 2006. Bridgestone provides transport operators with a comprehensive range of commercial vehicle tyres, ideally suited for a wide variety of applications.



Julio Fava, general manager of producer sales at Bridgestone SA, accepted the award: "I'd like to thank each and every transport operator and manufacturer who bought even one Bridgestone tyre in the past year. Without our customers we have no business, so thank you for the continued support.

"We are proud to accept this recognition of the Bridgestone brand. This latest accolade for our tyres is testimony to the strong brand presence Bridgestone enjoys within the automotive industry. It is also proof that our customers truly enjoy the superior products we manufacture and have confidence in them."

He also thanked Maxiprest for its excellent back-up support of Bridgestone's products. Maxiprest Tyres, a provider of tyre management solutions to the commercial vehicle industry and a strategic partner of both Bridgestone, won the award for the best supplier of tyre services for the third year in succession.

### **MAPUNGUBWE INTERPRETATION CENTRE'S ARCHITECT WINS WORLD BUILDING OF THE YEAR AWARD**

South African architect Peter Rich has won this year's World Building of the Year Award for his Mapungubwe Interpretation Centre in the [Mapungubwe National Park](#).

The Interpretation Centre is set on the side of a mesa, formed from the dramatic geological events that resulted in the Limpopo River changing its course from flowing into the Atlantic Ocean to discharging into the Indian Ocean. The Mapungubwe National Park celebrates the site of an ancient civilization linked to the Great Zimbabwe trading culture in the context of a natural setting that re-establishes the indigenous fauna and flora of this region.

This Centre is a poverty relief project using ecological methods and materials. The project's agenda extended beyond the presentation of ancient and more recent history of the area to awaken an understanding of the vulnerability of the local ecology. These objectives were manifested in the construction process of the Centre in which unemployed local people were trained in the manufacture of stabilised earth tiles and in building the timber vaults.

The Centre is scheduled to be in operation as early as next year, some of the materials that will be on display include the famous Golden rhino and clay pots. The Center will give both day and overnight visitors a tour showcasing the amazing landscapes that the National Park has to offer

### **ZAMBIAN TOURISM AWARDS**

The 2009 Zambia Tourism Awards were organised by the Support for Economic Expansion and Diversification (SEED) project under the Ministry of Tourism, Environment and Natural Resources (MTENR), with a lot of support from Capacity Building for Private Sector Development (CBPSD).

#### **And the winners are ...**

- Guide of the Year Award - **Abraham Banda (Norman Carr Safaris), Mfuwe**
- The Tourism Sports Award - **Southern Sun Ridgeway, Lusaka**
- The Clean and Green Award - **Sun International Zambia, Livingstone**
- Best Back Packer Facilities Award - **Jollyboys Backpackers, Livingstone**
- Best Entrepreneur Award - **Bush Spa by the Personal Touch, Mfuwe**
- The Community Tourism Award - **Sun International Zambia, Livingstone**
- The Heritage and Culture Award - **The River Club, Livingstone**



Tourism Promotion Award - **Robin Pope Safaris, Mfuwe**  
Best Travel and Tour Operator Award - **Voyagers Zambia Ltd**  
The Best Restaurant or Catering Service Award - **Arabian Nights (Heer Ltd), Kitwe**  
The Best Camp Site & Caravan Park Award - **Lufupa Camp (Wilderness Safaris), KNP**  
The Best Guesthouse Award - **Mama Rula's, Chipata**  
The Best in Adventure Tourism Award - **Livingstone's Adventure**  
The Best Tourism Transport Award - **Proflight Zambia**  
The Best Safari Accommodation Award - **Chongwe River Camp, Lower Zambezi**  
The Best Lodge Award - **Mfuwe Trails Zambia Ltd**  
The Best Hotel Award - **The Royal Livingstone**  
The Tourism Special Award - **Protea Hotels**

The Tourism Awards are a tremendous achievement for Zambia. The Government and the private sector collaborated to make it possible. The aim of the awards is to identify and reward excellence in the tourism industry, taking Zambia to the next level, to compete globally.

For the first time Zambia has publicly recognised and rewarded those who have worked tirelessly to provide quality services that we can be proud of. As the job of evaluating the nominees progressed, it became clear that in Zambia there are amazing enterprises to be acknowledged, and amazing stories to be told.

Tourism Minister Catherine Namugala gave some interesting facts during her speech on the Award night "Africa's share of the world's tourism arrivals is just 5.1 per cent, standing at 46.9 million out of 900 million. SADC's share is 18.4 million or two per cent of the world's tourism market. Zambia's share is a mere 0.87 million or 0.09 per cent of the world's tourism arrivals.

Coming closer to home, out of the 46.9 million visitors that come to Africa, Zambia only receives 1.8 per cent. At SADC level, Zambia is only 4.7 per cent." Namugala further added that she did not believe that the countries that had a larger share of tourist arrivals at SADC level had more superior products or that they did not have problems in the sector. "We need to be more creative, more innovative and remember that the world is becoming more competitive. Use your imagination and remember that whatever idea you may have, someone else may have it too. The difference is who pursues it first."

#### **DUNBLANE 4x4**

Dear 4x4 Enthusiast,

Please could you have a look at putting us on your programme for 2010.

Dunblane is a massive estate, comprising a total of 3 000 hectares of pristine ecology in the Northern Drakensberg Mountains, with 15 km's of 2000 foot high escarpment face running through its centre. The vast majority of the estate, situated on the top plateau of the berg, is home to 13 km's of trout streams and endless waterfalls. Dunblane is situated just outside Newcastle in Northern Kwazulu Natal.

We would like to take this opportunity to invite your club and its members to be a part a great Dunblane 4x4 Route Event in April 2010 and will let you know the dates as soon as we have finalised them. Our 4x4 Route is graded between a 1 and 5!



It is a family event and safety will be a high priority and the challenges will be designed in such a way as to show the capabilities of the vehicles and to learn how to negotiate obstacles. There will be casual scenic routes for those that don't want to take part in any of competitions.

Since January 2009 we have been open to bookings from any 4x4 enthusiast who wished to come and try us out or for a weekend or week getaway. We have numerous walks, guided tours conducted by myself and slide shows available.

We base the 4x4 groups at the Ngogo River Cottages, which are on top of the Drakensberg escarpment, but nevertheless still on Dunblane Estate. It has 3x 120 year old sandstone cottages, fully electrified, by generator, with 2 flush toilets, 2 hot running showers, and a kitchen with gas burners, paraffin deep freezers and basic amenities.

There is a big veranda area with grassed terraces. Presently we can accommodate about 15 people within the rooms, with a further 10 using sleeping space on the verandas. Trailers and tents can also be used.

This is exquisite Drakensberg scenery based on the banks of the Ngogo River, which will be stocked with trout. It is peaceful and safe. Just above the cottages is where the 4x4 events will be held, and will be combined with a section of river obstacles, which makes it a very exciting 4x4 course.

Access to the site can be approached via Newcastle from Durban and Mpumalanga, and from there get onto the D96 to Dunblane and then up Donkey's Pass to where the 4x4 Route is situated. Vehicles coming from the Freestate and Gauteng, would turn off on the S781, just after Memel (to the right) and travel this very scenic 4x4 route around Kranskop Mountain and along the Servitude Road to the 4x4 Route. These are not "challenges" as such but you certainly need a 4x4 vehicle. It is a very peaceful, uninhabited area of the Drakensberg Mountains.

ALSO ON OFFER - (TO BOOK, KINDLY PHONE TONY ROBERTS ON 082 821 7779)  
- R75.00 per person for 5 kilometre bush walk with Tony Roberts (22 years Natal Parks Board experience), which is SUPERB  
- R500.00 for one hour slide show at cottages (flora and fauna of Dunblane)

We would appreciate any feedback you might have to offer and to please indicate your intentions if you would like to join us for the weekend as soon as the dates are supplied. As we cannot have unlimited numbers it would be helpful to know who we might expect for the weekends.

Dunblane has also available a 9 Hole Peter Matkovitch Golf Course- to play 18 Holes the holes are played twice off different Tee Boxes. It is a walking course and stunning to say the least!

Please can you pass this information on to your club members, friends and associates. We thank you for your kind consideration of the above and look forward to hearing from you. If the dates are not suitable please also consider putting us on your agenda for your Club Outing.

Hope to see you all.

Kind regards

Tony Roberts

ECOLOGY MANAGER: DUNBLANE GOLF, TROUT AND BERG ESTATE.

E-mail: [tony@bushbaby.co.za](mailto:tony@bushbaby.co.za)



### **SHEM CAPTURES STUNNING IMAGES IN THE MASAI MARA**

I was lucky enough to spend another week in the Masai Mara this week. It was a great safari- Great client, the migration was still there (very late this year), the wildebeest were crossing daily and there was hardly anyone else around. We had the vast plains literally to ourselves; our daily agenda played out by nature's hand leading us to leopard kills, 3 week old lion cubs and hundreds of thousands of animals right on the plain at our camp.

Of course having a wildebeest crossing right at camp also helps- especially waking up to the honking of wildebeest preparing to cross. What a way to start a day! Get out of bed, have some good Kenyan coffee and walk down to the Mara River with cameras to photograph in the golden morning sunrise light. It was literally picture perfect.

It was on the last afternoon drive that we saw dust rising along the Mara River. We drove closer, and there before us were about 5000 wildebeests anxiously preparing to cross in the last rays of the day. The frantic back and forth of the beasts caused dust so thick that at times we couldn't even see them. The crossing started and we drove into position. It was just us, alone we sat in silent awe at this spectacle playing out in front of us. The noise, golden light, dust, hooves and water combined to create one of the most atmospheric scenes I have seen in a long time.

We were caked in the dust, it gritting our teeth and cloaking our eyes. We revelled in it, shooting the scene with feverish intent. The tension was intense and we felt it in the scene. It was all I was aiming for in my images.

To view more stories and see stunning images of this professional photographer, who we use for our photographic courses, visit: <http://www.shemimages.com/index.php>

### **SCAMS IN MOZAMBIQUE????**

Just to let you know of a new trick in Xai Xai area that Pierre and I experienced on our return trip from Guinjata. The road going north of Xai Xai does not even exist and is shocking at the present as the Chinese are fixing it up. Holes are deep and sections very dangerous.

On arrival at Xai Xai boom to cross the Limpopo at toll gate we were stopped by the police and told we had been involved in an accident and must go to the police station. We arrived at the police station as the police took our papers and followed and a taxi pulled up and stated that we had broken his side mirror off his vehicle. We asked for the mirror which he could not produce and checked our vehicle for damage and found none.

On checking his mirror it was very clear that it had been removed and if we had hit him we would have bent the whole steel outmount and we would also have had damage somewhere. Discussions and talks carried on for a whole hour re this matter!

In the police station we showed the chief that then the man concerned must claim from third party and make a case. The police turned round and said third party is a joke and not valid in Mozambique etc. We were threatened with jail which we said no problem but we are allowed a phone call to our Lawyer Mr Jose Caldeira in Maputo to be aware of this situation.

A sudden change happened and we were then asked to go and buy a new mirror for the man to avoid long delays. The police man then took us in the vehicle to a shop and we bought a new mirror for 700 mets and fitted the mirror to the vehicle. I tried to take photographs as evidence but



was stopped immediately. We were then given back our papers and refused to give the police any money for time wasted etc as they were looking for a hand out. After two hours of discussions etc we were allowed to go.

We then followed the taxi man from a distance and watched as he re-entered the same shop taking the mirror back and asked for a refund. So taxi man 700 mets richer after two hours! Fuel money!

The bottom line is Africa wins again. And we keep going back!

***(Share any other stories with us please, if you have such experiences – in the interest of safety for all. Ed)***

***Below is some advice from a professional tour guide who travels this area often...***

Ek is 'n toergids deur Mosambiek en kan nog ander voorvalle op noem! (Elke keer was dit enkel voertuie wat geteiken word). Ek het nie die antwoorde nie en kan slegs 'n voorstel of 2 maak wat kan help:

1. Moet nie met 1 voertuig ry nie! 2de Party kan fotos neem en getuies wees
2. Sodra jy begin onderhandel -- record alles op jou selfoon sonder om te vloek ens
3. Skryf die Polisie man se naam af deur dit fisies voor hom te doen, moet nie bang wees nie  
- Se vir hom jy rapporteer dit aan die Distrik Commandante
4. Neem foto's van alles, moet nie bang wees nie
5. Neem die gebou af waar dit plaas gevind het ens

Die veiligheid le in meer as 1 kar en getuies wat saam hoor, praat en afneem. As een kar stop, stop almal en al die drywers beweeg na die probleem area. Intimideer die ander party met getalle,, en getuies en optrede.

Jy mag nie vloek en f&%\$#n se nie! Jy gaan jou agterend sien  
Hou jou maniere en wees ferm

Net 'n paar vrae oor die voorval

Het julle die beamppte by die brug afgeneem, sy detail gekry  
Het julle die taxi afgeneem ens  
Toe die speel terug is, het julle die winkel gaan afneem  
Het julle toe weer die kombi afgeneem sonder speel en na Polisie geneem

Onthou net jy kan net spiere hê as jy meer as 4 is / 2 is te min vir Korrupsie. Hulle het julle sien kom!!!! Jammer vir die tyd en 700Mt/R200 se speel

Safety in Numbers!!!!!!!

Groete en lekker toer  
Alex Smit  
Professional Tour Operator & Guide



**VISIT ZIMBABWE – WE WILL ASSIST YOU!**

Hi Alan - apologies if you've already received this, but my server has been very unreliable lately. I recently received your September E-Zine via my wife, Sally Wynn, of WildZambezi, who felt it would be of interest to me (as indeed it is).

Having recently stepped down as director of the Zambezi Society, which is devoted to conserving wildlife and wilderness in the Zambezi Region, I have established ZIM4x4 to offer a range of services in these areas. Briefly, we -

- 1/. Offer assisted/accompanied tours to groups of vehicles;
- 2/. Provide an advisory service for unaccompanied drivers & vehicles;
- 3/. Provide backup services for unaccompanied drivers and vehicles.

I won't go into great detail over the services here, as they are well described on our website ([www.zim4x4.co.zw](http://www.zim4x4.co.zw)). However, as far as I know, we are one of only two such companies in Zimbabwe, the other being run by Clive Stockil in south-eastern Zimbabwe, who is an old friend of mine and with whom we collaborate closely.

We focus on the Zambezi Valley-Lake Kariba areas simply because we know them so well. I have been flying over it and driving through it (in a variety of 4x4s, starting with an old Series II shortie) for 30 years in the course of my work with the Zambezi Society. Sally also has long experience of the region, and we are both still deeply involved in conservation issues as well as in our respective businesses.

Really, we are trying to combine the two interests - ZIM4x4 and wilderness conservation - by creating an 'educational' experience, as well as an enjoyable one, using various forms of interpretive material to put across the 'conservation story' in these areas, as well as the usual natural history & biological information. At the very least, this makes people aware of the problems facing our wildlife and National Parks; at best - as happened when we hosted a group from the Land Cruiser Club of Southern Africa a couple of weeks ago - it results in very significant contributions to the areas in question (the LCCSA contingent, for instance, spontaneously donated fuel vouchers totaling 600litres of diesel to Mana Pools).

In short, then, our real 'products' are knowledge and information. We obviously have in-depth knowledge of the best places to go for real wilderness experiences, and of accommodation & routeing options - these are the essential foundation for our kind of business - but we try to use our long experience in these areas to give people much deeper insights into their histories & current circumstances. Sally and I have, in the past, been responsible for such projects as (eg) cheetah translocations & black rhino monitoring in Matusadona, elephant radiocollaring & monitoring in the Zambezi Valley, forest surveys across virtually the whole area, and many other conservation activities. I am also the author of several books on Zimbabwean wildlife, beginning with Wild Places of Zimbabwe (1980) and, most recently, a memoir titled 'A Wild Life' that has been published in the UK and USA (now out of print, sadly, but still visible on <http://www.amazon.co.uk/Wild-Life-Adventures-Accidental-Conservationist/dp/1840245719>).

Very best regards -

Dick

[www.zim4x4.co.zw](http://www.zim4x4.co.zw)

<http://zambezi.shutterpoint.com>



### **GEMINID METEOR IN DECEMBER**

Remember to remind the people about the Geminid Meteor shower the night of the 13/14 December. Look NNE from 10h00 till 0400 on the 14th. There are some two days before and after. Be cool and will be in touch shortly.

Also - <http://stardate.org/nightsky/meteors/>

Regards

Bill Hollenbach

Astronomer, Public Speaker.

Past Council member ASSA

Founder Member of the Cederberg Observatory.

### **FOUR-DOOR LUXURY BUT IT'S A WORKHORSE BAKKIE**

**By Peta Lee**

Nissan's Navara XE King Cab (2.5-litre 4x4 diesel) came at exactly the right time: I had to drive to a farm then bring buckets of enormous, freshly cut King Proteas back to the city. Space? Ha! Tons of the stuff... not just in the (lengthened) load area but even behind the two front seats, thanks to the clever design of the vehicle. What's more, it was all done with tremendous ease, thanks to the two clever rear doors (that can be opened only once the two front doors are opened: Nissan describes them as "rearward opening suicide doors" - go figure!).

The downside was that once the load of flowers and other stuff had been taken out of the loadbed refitting the tonneau cover was a pain in the butt: it just wouldn't clip back (at the tailgate end) and as a result thereafter flapped in the breeze as noisily as Tsotsi Malema's mouth on a bad day. The tonneau cover was a pain in the butt: it just wouldn't clip back...

Other than that one little glitch, I found the very versatile King Cab an absolutely brilliant mom's taxi. Spacious, as I said, ultra-comfortable, with almost all of the accoutrements of a top-of-the-range car, such as power windows, great sound system, power folding external mirrors, central locking, aircon (of course) and a double cubbyhole.

Interestingly, ladies, if you're thinking of using it for towing your boat down to the coast, this vehicle is one of the best in class re towing capacity. My truck was the turbodiesel so it went like the clappers and was, happily, quite frugal consumption-wise. It's also pretty quiet for a diesel, not that the sound of diesel engines ever bugs me. I actually enjoy it, as does my daughter... if truth be known, it blows our hair back big time!

Here's the big advantage of vehicles such as this: they're dinkum workhorses, so you can whip them and beat them and abuse them like hell on the farm, or in the bush, as some people tend to do, but you can also treat them like your average sedan: as city and suburban run-arounds The big plus is that they feel solid and ultra-safe – they are ultra-safe because of crash bags, ABS, EBD etc – and they've got the height, which always makes you feel at an advantage on the road.

Ross Garvie, Nissan SA's product manager, says: "The Navara double-cab line-up already offers several best-in-class features and the King Cab extends this leadership. "It's aggressively priced to grab a dominant value position from day one, taking the battle to competitive vehicles that can't boast the pedigree or comfort features of the Navara."



Hear, hear, Ross! It's a big, macho and exceptionally good-looking bakkie but it's also stylish, comfortable, and a leader in its class.

Now I just need R321 000 or thereabouts to invest in one.

#### **NEWS FROM LIUWA PLAIN NATIONAL PARK - 2009**

Another year has once again flown by! 2009 proved to be a very successful year for the Liuwa team. A number of reintroductions took place, namely 2 adult male Eland and a hand raised male buffalo from the Luangwa Valley. We hope that he will be able to pass along his valuable genetic material in time. Our most successful introduction was that of 2 male lions from Kafue NP. So far the introduction has gone very well as the 2 males have bonded with our resident female lion, Lady Liuwa. She is now no longer the last lion in the park. They have settled in the Matamanene area - previously Lady's territory. Over a period of 5 months mating behavior has been observed. Hopefully she will be able to raise some cubs and pass on that valuable knowledge she has of Liuwa. Next year, on National Geographic Wild, look out for the story of her life, its' called "The Last Lioness" This is one not to be missed!

We were very privileged to host our annual board and management meetings at the newly refurbished Matamanene Tented camp. A total of 25 members of the African Parks team from all over the continent presented a number of topics. Interestingly, despite economic pressures and rebel conflict in one of our parks, with the right mindset and dedication of staff progress can be made.

Next year is going to be just as busy and exciting as this year was. Currently we are in the process of working on a project involving predator research. We hope to get some radio collars on the Wild dogs (whom have just re appeared in the park again), Hyena and Cheetah. We also hope to perhaps reintroduce more buffalo and Hartebeeste.

Liuwa would certainly not be able to be as successful without your patronage and we urge those of you who are regular visitors to continue to make the adventurous journey drive the park.

On a personal note, my family and I will be saying goodbye to Liuwa. Apart from all tourism correspondence I have been home schooling my 2 children for the past 3 years, or home torturing them as a friend so aptly put it! We are heading back to South Africa to our small farm in the KZN Drakensberg Mountains, a somewhat very different place to Liuwa. I wish to thank all of you whom I have had the pleasure of meeting and corresponding with. Our Management Assistant, Charity will be handling all tourism queries on this same email address. Liuwa is a special place that will always have a special place in my heart.

Take care and I wish you a very blessed festive season.

Andrea Reid – Tourism Coordinator

Liuwa Plain National Park Zambia

[www.african-parks.org](http://www.african-parks.org)

[www.liuwainplain.com](http://www.liuwainplain.com)

#### **WORLD TOILET DAY - THIS IS NO JOKE!**

This is not meant to illicit scatological or lavatorial humour, but did you know that the 19th of November was **World Toilet Day**. On a very serious note World Toilet Day was first observed in 2001 and has become a platform for several sectors to improve access to sanitation services by



raising awareness and sharing expertise on rural and peri-urban toilets. **South Africa is a water poor country** and ground water plays a very important role in our economy.

**Lack of proper sanitation** results in polluted rivers and dams and causes diseases such as cholera. Pit latrines, especially where concentrated in high rainfall areas can lead to diseases, hormones and chemicals polluting aquifers thus making them unsuitable for human consumption. **The ultimate goal is water borne sewerage** and effective treatment plants for everyone. This years goals are - toilets deserve better social status; construction of toilets for all is achievable; toilets for all and all for toilets.

### **HOW BIRDS SEE**

Colour and shape are so important to birds it makes you wonder how they see the world. The structure of a birds eye is very similar to humans, with some important differences. They make up a much bigger proportion of the head than in humans, and the eye balls are fitted very tightly into the sockets, making for very little movement. This means moving the head to change the field of view. In most birds the eyes are placed more to the side of the head, giving a wide field of view but very limited binocular vision which is the area that both eyes can view simultaneously.

Birds of prey and birds that hunt on the wing, however, have their eyes on the front of the head and full binocular vision which is necessary for judging distance. Birds have 3 eyelids. One upper and one lower eyelid, of which the lower is more moveable, and a nictitating membrane. This nictitating membrane is between the other two eyelids and the cornea and has its own lubricating duct equivalent to our tear duct.

It is used in cleaning and protecting the eye. The Retina is the inner light receptive part of the eye. It is covered in special 'photoreceptive' cells called rods and cones. Rods are better for night vision because they are sensitive to small quantities of light. However it is the cones that allow us to distinguish between different colours of light. Cones come in different flavours depending on which pigment they contain, different pigments detect different colours. Birds have 5 pigments (humans only have 3) this gives them greater sensitivity to certain colours allowing them to see more different shades of some colours such as red than humans can.

In birds the cones have special oil droplets on them which help filter the light, making the cones more sensitive to smaller ranges of colour. As they have five different sorts of oil filters the eyes of birds can often see a far more subtle world than we can. Sea birds use red oil filters to cut out the blue light scattered up from the sea. This makes it easier for them to discern small objects floating on or near the surface.

Towards the centre of the retina is an area called the fovea centralis which has a greater density of 'receptors' or rods and cones. This is the area of greatest visual acuity, meaning the sharpest and clearest detection of objects. The number of receptors per square millimetre determines the degree of visual acuity an animal has; the more receptors the higher its ability to distinguish individual objects at a distance. In some birds such as hawks, kingfishers and swallows, the eye has 2 fovea, one for sideways viewing and one for forward viewing. In many raptors the fovea centralis has far more rods and cones than in humans and it is this which allows these birds their spectacular long distance vision. Humans have about 200 000 receptors per mm<sup>2</sup>, while a Buzzard has an incredible 1 000 000 receptors per mm<sup>2</sup>.

From KZN Wildlife Newsletter



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**CRIME AWARE WEBSITE**

Imagine a free website that would allow you to report any type of crime incident you witnessed or that happened to you, and where you could be informed of all the crime incidents - serious or minor reported in a radius around you.

**Well now you can, introducing Crime Aware.**

Years ago, before high walls and security gates, we used to talk to our neighbours and share all kinds of information. But nowadays we probably wouldn't be aware if a neighbour was even hijacked or robbed in their home unless we read it in the news. Crime Aware hopes to change this.

**Inspired by New York City Mayor Rudolph Giuliani**, who instated a computer based crime mapping system called CompStat in the 1990's. Every crime that occurred in the city was reported on the system no matter how minor. The NYPD could then begin to see crimes patterns and begin to predict where criminals could strike next, allowing them to be prepared and counteract the crime effectively. The result was that over time crime in New York was cleaned up.

**The broken windows theory states - "If a window is broken and left unrepaired, people walking by will conclude that no one cares and no one is in charge."**

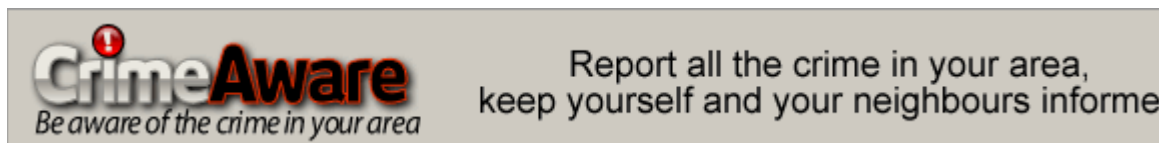
Mayor Giuliani adopted the Broken Windows Theory and implemented a community-policing strategy focused on order maintenance... graffiti washed nightly from subway cars, subway turnstile-jumpers arrested, trash picked up. Minor, seemingly insignificant quality-of-life crimes were found to be the tipping point for violent crime. When New York "windows" were repaired, crime dropped.

In South Africa we often do not report minor crimes as they seem so trivial in the light of the serious crimes. But criminals graduate from minor crimes to major crimes, a thief becomes a murderer and not the other way around.

If we all take the time to report the crime incidents that happen to us or around us, and inform our neighbours, we can get an idea of the type of crime activity happening in our area. If someone tried to steal your car, or even vandalised your garden gnome, - **report it** as it may also happen to your neighbour - and the more we all know - the better prepared we can be to combat crime and prevent incidents happening to us, our families and friends.

We invite you to sign up and report **ANY** incident that happened to you or that you witnessed, **recent or in the past**. The more information we share - the better.

**[Sign up today - start something and report even just ONE crime incident.](#)**



**CrimeAware**  
*Be aware of the crime in your area*

Report all the crime in your area,  
keep yourself and your neighbours informed



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**GREED FINES BY JMPD?**

Hi All

In retrospect of my recent encounter with the JMPD (which is not quite finished yet) I have found the following information and suggest that you take the time out of your busy schedule to work through this and familiarise yourself with what is going on currently and what is coming in the near future. This is a real problem and I think everybody will benefit from this information. Please navigate to the site below and if you feel like it you might want to encourage others to familiarise themselves with this information as well.

<http://www.greedfines.co.za>

Kind regards  
Adolph Labuscagne

**FORD STILL STRONG DURING SLUMP**

DEARBORN, Mich. – Ford, the only Detroit automaker to dodge direct government aid and bankruptcy court, surprised investors with net income of nearly \$1 billion in the third quarter and forecast a "solidly profitable" 2011.

The automaker said Monday earnings were fueled by U.S. market share gains, cost cuts and the Cash for Clunkers program, which drew flocks of buyers to showrooms this summer. Ford's shares rose 58 cents, or 8.3 percent, to \$7.58 in pre-market trading.

The latest results signal that Ford's turnaround is on more solid ground. The company lost more than \$14.6 billion last year and hasn't posted a full-year profit since 2005. While it made a profit in the second quarter, that was mainly due to debt reductions that cut its interest payments.

Dearborn, Mich.-based Ford reported third-quarter net income of \$997 million, or 29 cents per share. Ford also forecast a "solidly profitable" 2011. Previously the automaker said it would be break-even or better.

Its key North American car and truck division posted a pretax profit of \$357 million, the company's first quarter in the black since early 2005. Ford cited higher pricing, lower material costs and increased market share for the improvement.

Excluding one-time items, Ford earned 26 cents per share, blowing away analysts' expectations of a loss of 12 cents. The earnings came despite an \$800 million revenue drop. But Ford said it cut costs by \$1 billion during the quarter, accomplished through layoffs in North America and Europe, reduced pension and retiree health care costs and improvements in productivity and product development.

Chief financial officer Lewis Booth said the company took in \$1.3 billion more than it spent in the quarter, an improvement over its \$1 billion cash burn in the second quarter. "That's a huge deal," Booth said. Ford's plan to create demand and get better prices for its products, coupled with cost cuts, gave the company confidence that it will make money in 2011, Booth said.

But Ford still faces obstacles in its turnaround. Last week, workers overwhelmingly rejected an agreement with the United Auto Workers that would have brought Ford's labor costs in line with rivals General Motors Corp. and Chrysler LLC. Workers objected to clauses limiting their right to



strike and freezing entry-level wages, and felt the company was healthy enough and didn't need further concessions.

Ford also has \$26.9 billion in debt, up \$800 million from the second quarter. The company avoided the same fate as rivals Chrysler and GM by mortgaging its factories and even the familiar blue oval logo to borrow \$23.5 billion before credit markets froze last year. Ford didn't quantify the impact of Cash for Clunkers, which offered buyers rebates to trade in their vehicles. The program helped Ford cut costly incentives and raise production.

It also won buyers; the fuel-efficient Ford Focus sedan and Ford Escape, a small SUV, were among the top five sellers under clunkers. Ford sales climbed 17 percent in August thanks to the program. Ford's revenue fell \$800 million for the quarter, to \$30.9 billion, due mainly to its financial services arm, Ford Motor Credit, making fewer loans.

But the division still posted a pretax profit of \$677 million, and revenue from auto operations rose slightly to \$27.9 billion. Ford also has benefited from consumer goodwill after it declined government bailout money and didn't go into bankruptcy over the summer as GM and Chrysler did. Ford grabbed sales from its rivals, posting the largest increase in market share of any automaker in September. Ford expects an overall gain in U.S. market share in 2009, a feat it hasn't accomplished since 1995.

#### **DEFENDER TROPHY 2009 ON DSTV**

Hi Everyone. I wanted to let you all know as soon as possible, that this year's Land Rover Centurion's Defender Trophy to the Transkei will be airing on TV on Super Sport..... Please take a look at the information below regarding the broadcast times and channels.

Enjoy it and I know it will bring back good memories for all..

Broadcast times for 2009 SASOL Baja SAE and 2009 Defender Trophy:

#### RAPID MOTION DIRT WORX - Episode 41

2009/11/27	20:00:00	21:00:00	SuperSport Five	P
	20:00:00	21:00:00	SuperSport Five Africa	P
2009/11/28	02:00:00	03:00:00	SuperSport Action	R
	02:00:00	03:00:00	SuperSport Two	R
	02:00:00	03:00:00	SuperSport Two Africa	R
2009/11/28	18:00:00	19:00:00	SuperSport Action	R
2009/11/29	13:00:00	14:00:00	SuperSport Action	R
2009/12/01	01:30:00	02:30:00	SuperSport Two	R
	01:30:00	02:30:00	SuperSport Two Africa	R
2009/12/01	08:00:00	09:00:00	SuperSport Two	R
	08:00:00	09:00:00	SuperSport Two Africa	R
2009/12/01	18:00:00	19:00:00	SuperSport Action	R
2009/12/01	01:30:00	02:30:00	SuperSport CSN	R
2009/12/01	08:00:00	09:00:00	SuperSport M-NET	R



2009/12/01	11:00:00	12:00:00	SuperSport Action	R
2009/12/02	18:00:00	19:00:00	SuperSport Action	R
2009/12/02	16:00:00	17:00:00	SuperSport Six	R
	16:00:00	17:00:00	SuperSport Six Africa	R
	16:00:00	17:00:00	SuperSport CSN	R
2009/12/02	02:00:00	03:00:00	SuperSport Action	R
2009/12/03	06:00:00	07:00:00	SuperSport Six	R
	06:00:00	07:00:00	SuperSport Six Africa	R
2009/12/03	16:00:00	17:00:00	SuperSport Action	R
2009/12/04	14:00:00	15:00:00	SuperSport Action	R

### BHEJANE NEWS

Hi To Our Bhejane Friends

I hope this mail finds you all well and that you and your families had a safe and blessed festive season. Down here along the Southern coast, we've had a great season of off time with our families. The break was wonderful after a busy 2008 safari season, thanks to all of you.

We ended off our season taking part in a very rewarding activity in conjunction with South African National Parks Board. As some of you know we have a concession (4x4 route) in the Garden Route National Park known as [Secrets of The Knysna Forest](#). One of our commitments to neighbouring communities around the Park is to involve school children in the educational side of the Forest. We were in the fortunate position to take 500 learners into the deep Knysna Forest during November 2008.

Well back to the present the wonderful news from our side is that as of the beginning of this year [Bhejane 4x4 Adventures](#) is the official tour operator for DRIVE OUT and WEGRY magazines. This is a great honour for the whole Bhejane family and I am so proud of the team that have worked so hard to achieve this. Please don't be concerned as this will not affect the way we operate or our pricing or availability.

Talking about availability those of you who are still planning to join us this year please do not leave your bookings to late as all the trips for 2009 are filling up really fast. We have already put in an extra [Trans Kalahari Ghalagadi](#) trip from 28 April to 7 May and have plans for extra [Mozambique](#) trips as well.

As far as the Bhejane team goes, all is well. The guys are all geared up for the new season and ready to go. Douwe and family have moved to Beaufort West, his home town where they are really happy. John and Salome have tied the knot and we would all like to take this opportunity to wish them a blessed and happy life together. Vermaak and his family have moved down to join us in Wittedrift and I am so grateful to have him take over the equipment and food store.

Once again thank you, to all of you and please stay in touch.

Kind Regards

THE BHEJANE BOYS

January 2009

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## *From the Tracks – Reader Feedback*

### **NEWSLETTER READER FEEDBACK**

Hi Alan,

I have just bought a single cab 4x4 bakkie for my son, and had to have it insured. So I called around to obtain quotes and can report that the best service and the best quote came from the Newsletter's Preferred Supplier (**See list at end of newsletter, Ed**), Phillip Viljoen from Phillip Viljoen Brokers..

Regards,  
Johann Ungerer

*Hi Alan,*

*Thanks you so much for including the notice about Sackville Safaris in your October E-Zine. We really appreciate your assistance. We have had two very successful trips so far, one to the Tankwa Karoo and one to the Anysberg Nature Reserve.*

*We'll keep you posted and hopefully some of your readers or club members will join up with one of our trips soon.*

*Regards,  
Philip Sackville-Scott  
Mobile: +27 82 4461981  
Web: [www.sackville-safaris.co.za](http://www.sackville-safaris.co.za)*

Thank you Alan for a most informative and enjoyable read.

Regards  
Gravin Phyfer

*Alan.*

*Dankie vir die aanhangsel.....geniet dit elke maand.*

*Dankie  
Deon Kotze (Kapaastad)*

Att: Johan Mostert

This email is to convey my personal thanks to Bridgestone and to yourself, for the prizes that Bridgestone donated to the 4x4 Offroad Adventure Club's meetings during the past few years. I also want to thank you for your commitment to the off road industry and for the arrangement of the yearly Bridgestone Offroad challenge.

In these difficult economic times that the world and South Africa is facing, it is fantastic to see a company and its staff going the extra mile for their current and future customers.

Thanks and kind regards  
Stefan Kruger

*Thanks for a very interesting evening last night (Enthusiast Meeting)  
Keep well.*



Robert Zanoli  
Alberton.

Hey Alan

Thanks for including our products at your meetings. Please include us in the gatherings next year. Blessed Christmas and joyous new year.

Thanks

Martin Ziegler – Ropecon (Rescue Tape)

Hi Alan

*I trust all is fine on your side. I joined the 4X4 community or at least I think I did as I sold my traditional sedan for a 4X4! But what I bought seems to be something one do not mention in the 4X4 community as it is a "softroader" more specific a 2009 2.4 CRSVi Honda CRV. The family wanted something bigger than my Alfa 156 and also the ability to venture on gravel roads, I never went off tar with my Alfa. I wanted something that is well built, quality, high spec level, reliable and comfortable with enough space at the rear for my 6foot son.*

*Anyways – I completed the Maitland's Mine 4X4 course here in PE as part of the Honda 4X4 academy and the car is more capable that I realised. I did not buy it to go off-road i.e. 4X4 trails and will most probably use it for our holidays and a bit of gravel roads on holiday.*

*I bought the SA4X4 magazine this month and find it much more interesting than the regular car magazines, there is life beyond the "0 to 100 in so many seconds" club after all!*

Regards

Heinrich Coetzee

## REMINDER TO ADVENTURERS

### CHRISTMAS SERENGETI EXPEDITION 2009

WONDERING WHAT TO DO THIS CHRISTMAS... IT IS NOT SO FAR AWAY YOU KNOW...

The Christmas Serengeti Expedition runs from Kasane in Botswana through Zambia and Malawi to Tanzania and then back to RSA via Zambia and Botswana. Enjoy the soft waters and beaches of Lake Malawi; spend Christmas wiggling your toes in the white sands of Zanzibar; relive the slave trade and old spice routes on Zanzibar; see Mt. Kilimanjaro (cloud cover willing); see the New Year 2010 in with the adventurous air and feel of the Ngorongoro Crater and the Serengeti; see the wildebeest; experience the smells and textures on a coffee farm; visit "Africa House"; do a moonwalk at Kapishya Hot Springs; and so much more...

We have been doing this particular expedition since 1999/2000 - the Serengeti Millennium Expedition - and have been able to see the magnificent wildebeest herds every time. During December, they are in the southern parts of the Serengeti... far from the Mara River...



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Our contact details are:

015 516 5717      Tel / Fax  
082 829 5421      Jacqui's mobile  
082 772 6682      Dave's mobile  
info@masazane.co.za  
dave@masazane.co.za

April 2009

## *Fresh from the Bush – New Products*

### **BUYING A TELESCOPE – HERE'S HOW**

This is long past due... some good advice on how to choose a good telescope for astronomy. Today, we present the first seven of a series of twenty videos on how to select a good telescope and accessories. It's produced by Anacortes Telescope in Washington state, and it's the best introduction to selecting a telescope we've seen.

You can check out the first seven videos here: <http://www.oneminuteastronomer.com/choose-telescope-video-series/>. We'll post the remaining videos over the next week or two.

Clear skies,  
Brian Ventrudo  
Publisher, One-Minute Astronomer [www.oneminuteastronomer.com](http://www.oneminuteastronomer.com)

### **NEW DVD SERIES RELEASED**

André de Villiers, well known 4x4 and off road driving expert and presenter of the TV program Safari 4x4 Roetes, recently introduced a second DVD on 4x4 and off road driving. André is not only an expert in 4x4 driving, but also illustrated his personal outstanding 4x4 driving skills in the off road driving situation, by winning the last two years' Bridgestone SA 4X4 Fundi Challenges.

In the DVD "Gevorderde Hindernisry" André shows 4x4 drivers the ropes of driving obstacles. He practically demonstrates how to approach obstacle situations in an easily understandable manner, enabling 4x4 drivers to venture similar obstacles on their own. André also offers several practical off road driving tips.

André shares his knowledge and expertise in a very practical way in this DVD, assisting 4x4 adventurers to optimally utilise their vehicles whilst not compromising on safety.

"Gevorderde Hindernisry" is succeeding André's very successful DVD "4x4 Ry vir die Beginner". "4x4 Ry vir die Beginner" is focussed on the practical dos and don'ts for the novice 4x4 driver; teaching the novice driver how to tackle off road driving situations successfully and safely.

Both these DVDs are available from Safari Centre stores countrywide. The normal selling price is R 179-95 each. As a special introductory offer "Gevorderde Hindernisry" is offered at R 149-49 until the end of December. These DVDs can also be ordered from Safari Centre Pretoria East (012 809 4410) and will be posted at an extra charge for postage.



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**WASHING PROBLEM?**

Dear Alan

Please see if you are able to arrange to have an article done on the Washezi 3 in 1 Portable Washing Machine. The Washezi is a must have for Caravaners, Campers or 4x4 enthusiasts when on vacation.

For additional information on the Washezi please visit our website on [www.washezi.co.za](http://www.washezi.co.za)

Best Regards

Gerard Pienaar

**WASHEZI AFRICA**

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**3 in 1** Portable  
Washing Machine

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## ***The Dusty Way – Club Trips, Reports & Feedbacks***

### **BUSH MECHANICS COURSE**

Hi Alan

Thank you very much for arranging the bush mechanics course this weekend. Finally and at last I also know where to look for a fuel filter or an air filter. I can even “bleed the brakes” and managed to get a plug into a punctured tyre!

I did not understand everything all the time so I asked, Frikkie was very patient and excellent at explaining how everything works – I understood most!

Regards

Lizette

### **TAU 4x4 DAY TRIP**

Thanks for organizing a really super day out on Sunday, it was awesome to see the lions so close as well as the abundance of other game. We have been there a couple of times but never travelled on the trails we did on Sunday. The socializing after was also great.

Neville and Helen

### **NOVEMBER ENTHUSIASTS MEETING**

Hi Alan

Wow, Christmas came early. Although it is anytime welcome, the timing for the tyres is perfect. Thank you very much for all the time & effort you put in for the club members.

Much appreciated.

Jan van Wyk

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## ***The Trading Post – Swop, Sell or Buy***

### **WANTED URGENTLY**

Hi Folks,

Does anyone out there have, or know of someone that has, a Toyota 1HDT or a 24v Dt motor for sale? This is the turbo-diesel motor from the Prado, Fortuner and latest Hilux models.

I want to upgrade my present 1HZ diesel motor, which will then be for sale. It has low mileage and is in perfect condition.

Contact TOM. 083 447 9442



**TOYOTA LANDCRUISER DIESEL 4.2 70 SERIES (BEIGE COLOUR)**

**Double Cab Meano Conversion**

2007 Model 52 000km, SAC Turbo with Intercooler  
Dual Battery,  
Netstar Tracking System  
Sound system (+- R15000)  
Two-way radio -Tracer MR 969  
Tow Bar  
Armadilla( Aluminum Lockable cover for bakkie) (+-R22000)  
Canvas Canopy  
Iron-man suspension  
Mag wheels  
2x long Range tanks  
Warn 8500kg Front Winch  
Airconditioner  
Polyurethane load body lining

VIN number: JTELB71J307065547  
Engine number: 1HZ0549805  
Reg no. HGS289NW

Selling Price : R390 000

CONTACT: Richard Wulfsohn cell 083 601 0608 – Pictures available

**JURGENS XCAPE FOR SALE (CAPE TOWN)**

I have a 2008, Jurgens Xcape off road caravan for sale. Bought in JHB, used twice and is in excellent condition. It has a geyser, water tank, and the necessary awnings etc. New price is around the R149 000 level and I would like to realise around the R130 000 mark. I am open for reasonable offers. The van is really in mint condition.

Regards  
Gary Oelofse  
[GOelofse@distell.co.za](mailto:GOelofse@distell.co.za)

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***Flat Wheel – Light Relief***

Jack decided to go skiing with his buddy, Bob. So they loaded up Jack's minivan and headed north. After driving for a few hours, they got caught in a terrible blizzard. So they pulled into a nearby farm and asked the attractive lady who answered the door if they could spend the night. "I realize it's terrible weather out there and I have this huge house all to myself, but I'm recently widowed," she explained. "I'm afraid the neighbors will talk if I let you stay in my house."

"Don't worry," Jack said. "We'll be happy to sleep in the barn. And if the weather breaks, we'll be gone at first light." The lady agreed, and the two men found their way to the barn and settled in for the night. Come morning, the weather had cleared, and they got on their way. They enjoyed a great weekend of skiing.



But about nine months later, Jack got an unexpected letter from an attorney. It took him a few minutes to figure it out, but he finally determined that it was from the attorney of that attractive widow he had met on the ski weekend.

He dropped in on his friend Bob and asked, "Bob, do you remember that good-looking widow from the farm we stayed at on our ski holiday up north about 9 months ago?" "Yes, I do." Said Bob.

"Did you, er, happen to get up in the middle of the night, go up to the house and pay her a visit?" "Well, um, yes!" Bob said, a little embarrassed about being found out, "I have to admit that I did." "And did you happen to give her my name instead of telling her your name?"

Bob's face turned beet red and he said, "Yeah, look, I'm sorry, buddy. I'm afraid I did." "Why do you ask?"

"She just died and left me everything."

(And you thought the ending would be different, didn't you?... you know you smiled...now keep that smile for the rest of the day!)

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## **Preferred Suppliers - Gauteng**

If anyone has any good things to say about suppliers I would like to include them here. Lets support those who do a good job for the club. Similarly if anyone has had a bad experience lets share it and vote with our wallets by avoiding them.

### **1) ECHO ACCESSORIES 4x4 CENTRE!**

Visit Willie, Rochelle, Neil, Phillip or any one of the other professional representatives at the new Echo 4x4 Centre situated in the Route 21 Corporate Park, 9 Regency Avenue, Irene (off Nelmapius Drive (off the R21)).

Echo can supply you with all your 4x4 requirements from offroad trailers, quad bike trailers, Echo Chobe Campers, roof top and trailer top tents, full 4x4 fitment centre, custom products, 4x4 accessory shop, trailer rental and even more. Be sure to visit the new instore refreshment café.  
**NO DISCOUNT OFFERED!**

Call 012 – 345 3333, Fax 012 345 3343 or email: [echoacc@mweb.co.za](mailto:echoacc@mweb.co.za).  
Web: [www.echo4x4.co.za](http://www.echo4x4.co.za)

### **2) 4x4 INSURANCE**

Phillip Viljoen Insurance Brokers has a special deal for all 4x4 enthusiasts, if you tell him you saw this advert. Qualify for great discount. Contact [phillip@leisuresure.co.za](mailto:phillip@leisuresure.co.za) or on 083 306 5657 / Fax (012) 542 3564. Speak to Phillip (club member)

### **3) BOLTONS GPS WAREHOUSE / KEVIN BOLTON CONSULTANTS**

For top deals, training and advice on GPS equipment contact Kevin (club member).

#### **GAUTENG:**

KJ BOLTON CONSULTANT cc



Contact Kevin @ 082 564 3639 or Marietjie 012-6549813  
kevin@gpsconsultants.co.za / marietjie@gpsconsultants.co.za / www.gpsconsultants.co.za

**PORT ELIZABETH:**

Anthony Bruyns - [Anthony.Bruyns@halbergsa.com](mailto:Anthony.Bruyns@halbergsa.com)

**4) FRONT RUNNER**

Front Runner will offer any club member, on production of their club card, a **10% discount** on the purchase of any Front Runner produced product. Call Wayne Heath-Coombe (club member) now. 1 Forssman Close, Dytchley Road, Barbeque Downs, Kyalami - 011 466 0155 – [www.frontrunner.co.za](http://www.frontrunner.co.za)

**5) 4x4 MEGAWORLD**

**10% on ALL products** in their larger than ever warehouse. What an offer. From camping gear, 4x4 gear, outdoor gear, the lot!!!! Their warehouse is now bigger and better and definitely worth a visit. Club members, as one of the few places that give is 10% on anything!, it is well worth the visit. Speak to any of their well trained staff! [megaworld@oldmanemu.co.za](mailto:megaworld@oldmanemu.co.za)

**6) SAFARI CENTRE - NEW MEMBERSHIP CARD DEAL**

**5% discount when paying with a credit card & 10% discount for cash.**

Products excluded for discount:

- \* GPS's
- \* Leatherman products
- \* Any specials currently running
- \* Magazines, books, maps

**7) HONEYDEW TOYOTA & RV CENTRE**

Contact Johan Kruger (club member) for all your Toyota and other accessories at their RV Centre. New Honeydew Toyota Showroom (opposite THE COCA COLA DOME) - refer [http://www.honeydewtoyota.ix.co.za/lmg\\_upload\\_departments/3674\\_441636.gif](http://www.honeydewtoyota.ix.co.za/lmg_upload_departments/3674_441636.gif) for map. Address is Olievenhout Street, off Northumberland, which runs parallel with the N1 & the R28.

**8) KEMPTON CARAVANS - KEMPTON PARK - CLUB MEMBER BENEFITS**

The discount to the 4x4 community and members of our club is **10% off their listed prices**. This will be on presentation of the club membership card. This shop has EVERYTHING. Customisation of tents etc. on site! Speak to Larry, Brian, Isobelle (club members) or any of the staff in the shop.

**09) OUTDOOR WAREHOUSE - CENTURION**

The suppliers of a wide range of camping, climbing, paddling, hiking and 4x4 accessories and goods, this store is a worthwhile venue to spend some quality time in. Close to the high way (N1), off the John Voster turn off in Centurion. **No discount** offered, just good service!

**10) 4-BUY-4 DIRECT STORE - Mail Order Outlet**

Special price for club members. Also able to provide 29Mhz Radios, VHF Radios, GPS's, Photographic Window Bags, SUUNTO Watches, Clothing, Solar Panels and plenty more at cost cutting prices...Give us a call – [4buy4direct@mweb.co.za](mailto:4buy4direct@mweb.co.za) **BEST PRICES**

**11) PB ENTERPRISES – HIGHEST QUALITY POWER SYSTEMS & INSTALLATIONS**

Manufacturer of high quality Power Systems, Dual Battery Systems, Fully Equipped Battery Boxes, Power Converters & Battery Chargers for Trailers & Caravans, Solar- and Generator



Amplification Chargers! They can definitely help you with the right electrical power products for ANY 4x4 vehicle, Off-road Trailer or Caravan/Camper.

Talk to the expert, Pieter Barnard, and **receive 5% discount on any of their products by supplying a copy of this page, PLUS the 4x4 Offroad Adventure Club receive a 3% donation.** Just **print out THIS PAGE**, and give them a call. Let them do everything right, the first time. Have a look at their website! [www.pbeproducts.co.za](http://www.pbeproducts.co.za)

Contact: Pieter Barnard / Tel/Fax: 012 658 5538  
Mobile: 083 749 0445 / E-mail: [info@pbeproducts.co.za](mailto:info@pbeproducts.co.za)

### **12) BIG COUNTRY 4x4 – CUSTOMISED 4x4 FITMENTS AND PRODUCTION (Under new ownership)**

**10% discount** for members on all manufactured products from our factory. Excludes labour costs. Please visit our website at [www.bigcountry.co.za](http://www.bigcountry.co.za) for more information, or even better come and discuss your requirements over a cup of tea. The factory is situated in Strijdom Park, Randburg, just off the highway. Big Country really can be your 1-stop shop for all your 4x4 equipment!

Contact Richard on 011-791-7275 or [info@bigcountry4x4.com](mailto:info@bigcountry4x4.com)

### **13) SECUREFIT**

Members get preferential rates at all SecureFIT branches in Gauteng. Please enquire with your specific request to Alan, and pricing will be supplied. This can then be taken, in writing, to your nearest fitments centre for action. See their website for more details on what services they offer.

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## **Editor:**

### **Alan Goodway (GP 1796)**

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Professional 4x4 Trail & Overland Guide - National  
Accredited 4x4 Driver Training Assessor  
Northern Region Chairman - 4 Wheel Drive Guides Association SA  
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